



NELSON COLLEGE FOR GIRLS

Te Kura Tamawāhine o Whakatū

NEWSLETTER

TERM 1
April 2023



UPCOMING DATES

Thursday 6th April
End of Term 1

Monday 24th April
Staff Only Day-Prep included

Tuesday 25th April
Anzac Day - School Closed

Wednesday 26th April
Start of Term 2

Acting Principal's Welcome

KIA ORA KOUTOU

It is Week 10 already and hard to believe that the first term is almost over. It has been an incredibly busy term with lots of student participation and enthusiasm. A huge thank you to our hard working and dedicated staff!

The House Heptathlon in week 8 was a highlight down at the Botanic ... with two of our local Youth Aid officers joining in the fun!



Remember ... whanau are always welcome to join events.

Acting Principal's Welcome Continued

Our student Leaders have worked alongside Nelson Intermediate leaders to discuss teamwork, courage and aspirations, using the whakataukī: 'Ehara taku toa i te toa takitahi, engari he toa takitini' - Success is not the work of an individual, but the work of many.



And ... Summer tournament week saw successes for our students – the Senior Volleyball team were placed 10th out of 96 New Zealand Secondary School teams, at Maadi cup rowing both our novice 4 under 18 crews placed 4th and 16th in the country which is awesome for first year rowers, and our sailing teams were placed 1st and 4th in the Silver Fleet.

Our term ends on Thursday with the student-led Cultural Diversity concert; a celebration of diversity and inclusivity in our kura.

Thank you for your support over the term. I hope you have a great Easter break and are able to spend time together, relaxing with your whanau.



*Ehara taku toa i te toa takitahi,
engari he toa takitini*



**Ngā mihi nui
Heather
McEwen**



Board News

Tēnā koutou, talofa lava, mālō e lelei, kia orāna, fakaalofa lahi atu, fakatalofa atu, malo ni, ni sa bula vinaka, namaste, hola, konichiwa, sawasdee, nī hāo, mingālabā and warm greetings to you all.

It has been a busy month for the Poari/Board. As you know we have begun a third recruitment process for our new Tumuaki/Principal. We are working with the Sheffield recruitment team in this process. We will keep you up to date on this crucial appointment.

The 2023 Poari/Board team consists of:

WHĀNAU/PARENT REPRESENTATIVE: Myself - Helen Taylor-Young and Mirka Langford, serving as Presiding & Deputy Presiding Member. We are thrilled to also have Sarah Johns, David MacGibbon, Wendy Hunter, Louise Walsh and Penny Adams with us this year.

RANGATAHI/STUDENT REPRESENTATIVE: Pīata Taylor

KAIMAHI/STAFF REPRESENTATIVE: Michelle Hulland

We would like to say farewell and thank Ursula O'Donohue for all the vast skills she brought to the Poari. We wish to welcome the new members and sincerely thank all continuing members of the Poari for their hard mahi and commitment to our kura, making a positive difference for the education of our rangatahi.

Invest in Teachers Invest in Aotearoa - The Poari supports kaiako/teachers taking recent strike action. We would like to acknowledge all kaiako tuarua/secondary teachers are under pressure. If we invest in our kaiako, they'll be able to invest in our rangatahi/young people, which is an investment for all of Aotearoa.

“Invest in Teachers Invest in Aotearoa”

Mauri ora,

HELEN TAYLOR-YOUNG
(PRESIDING MEMBER)



Upcoming Events and Key Dates

- Thursday 6th April - End of Term 1
- Prep End of Term Assembly 8:50am - 9:30am
- Cultural Diversity Concert 1:45pm - 3:10pm
- Monday 24th April - Staff only day Years 7-13
- Tuesday 25th April - Anzac day, school closed
- Wednesday 26th April - Start of Term 2
- Monday 1st May - PFA (Parents & Friends Association) meeting 7:00pm
- Tuesday 2nd May - Careers Roadshow 8:00am - 12:30pm
- Thursday 18th May - Body Confidence Talk for Whānau 7:00pm - 9:00pm(Hall)
- Tuesday 23rd May - Netsafe Presentation for Whānau 7:00pm - 9:00pm(Hall)
- Thursday 25th May - Prep Disco 5:00pm - 9:00pm
- Friday 26th May - Pink Ribbon Breakfast 7:30am - 9:20am
- Wednesday 31st May - School ends 1:15pm
- No Year 7 & 8 Classes
- Subject conferences 2:15pm - 5:30pm
- Monday 5th June - King's Birthday - School Closed
- Tuesday 20th June - Vaping Talk 7:00pm - 9:00pm(Hall)
- Friday 30th June - End of Term 2

Board Meeting Dates

Term 2		
Week 2	Wednesday 3 May	March accounts
Week 7	Wednesday 7 June	April accounts
Week 10	Wednesday 28 June	May Accounts



A date for your diary...

Music Concert to support the Choir for their entry into The Big Sing for the first time in 6 years!



6:00pm - 7:30pm
Wednesday 31 May
Nelson Cathedral



More details to come next term

Music News for Tiana Simpson and Georgie Levien

Tiana Simpson

Huge congratulations to Tiana Simpson (Yr12) for releasing her first single "Drive". She had a fun interview with Blair Kiddey on The Breeze recently and is excited, yet nervous, about the release of her first single. "Drive" is available on all platforms, so have a listen at the links below and support this young talent who is very happy to have her music out there for people to hear.

YouTube Music - (No Account Required):

<https://music.youtube.com/watch?v=W1OWVL9wMYQ>

Spotify:

https://open.spotify.com/album/6gwMRrWzI1bKZk5Z4Q4a5I?si=isNALZInQtyvHx1EeNCz_A

Congratulations to Tiana on the release of your first single. Follow her on Instagram: @tianasimpsonmusic

Georgie Levien

Georgie also recently had an interview on The Breeze. After the success of her single and music video from 'Take the Mic' last year, Georgie's been working hard to produce a second single, 'Covers', which has been released on all platforms.

Huge congratulations to Georgie on this achievement! Follow her Instagram: @georgielevienmusic

Spotify:

<https://open.spotify.com/album/6sbvMN5BKqUo9fk2NjLiVg?si=PIUkUFD4TuSBY7oAskyU2w>

Youtube Music:

<https://music.youtube.com/watch?v=Hx477UwDTrA>

Sports News

Athletics: A team of 20 represented NCG at the TSS Athletics Championships at Saxton Track in Mid March. We saw some excellent performances and 19 podium placings, including Francesca Palmer winning the U15 200m. Congratulations to all those that competed.

SUP: The TSS Stand Up Paddleboarding championships were once again a big hit, with 23 NCG girls competing at Tahuna beach. Congratulations to Lucy Kirk for winning the junior individual event!

Our attention now turns to School Sport NZ's summer tournament week, where we have the following teams competing:

- Our Rowing team at NZSS Maadi Cup on Lake Karapiro in the Waikato
- Premier A touch team at the SISS Champs in Christchurch
- Our sailing team at the TOTS Sailing Champs in Picton
- Senior A Volleyball Team at NZSS Champs in Palmerston North.

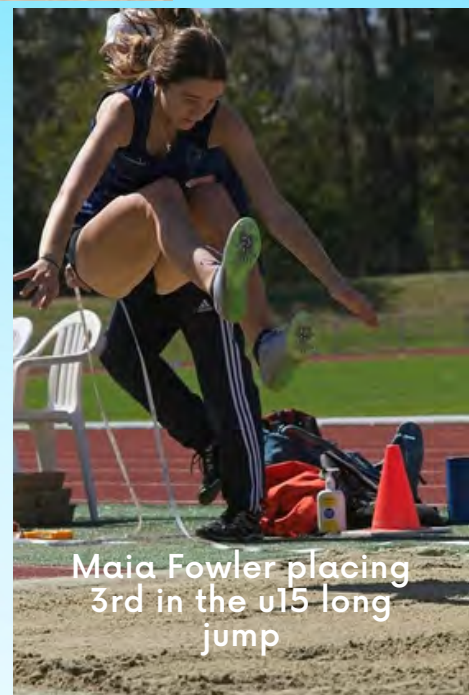
We wish all teams the very best of luck and will have full reports in the next newsletter.



Senior SUP relay team



Sienna Walsh at the start of the U15 400m



Maia Fowler placing 3rd in the u15 long jump

THE AMAZING RACE

Library Edition

What: Race as a team to complete the challenges & win prizes. Choose challenges wisely & play to your team's strengths. The team with the highest score wins.

When: Tues 4th April 12.15 - 3pm (last week of Term 1)

Where: Nelson College for Girls Library

*All junior students welcome
Nelson College for Girls & Nelson College
Sign up at your Library.*

Deanery News

To contact your child's Dean:

Dun Dean Anna Keogan:	anna.keogan@ncg.school.nz
Whangamoā Dean Rani de Smit Tobin:	rani.desmit@ncg.school.nz
Maungatapu Dean Renee Clothier:	renee.clothier@ncg.school.nz
Maitai Dean Symon Claridge:	symon.claridge@ncg.school.nz
Waimea Dean Shelly Hulland:	shelly.hulland@ncg.school.nz

Donations of uniform

The Deans would love any donations of clean uniform that is in good condition. We would like Jerseys, Summer skirts and Blouses - short or long sleeves. We use these donations to help those in need. Thank you for thinking of others.



POSITIVITY | NGĀKAU REKA
RESPECT | MANAAKITANGA
INTEGRITY | NGĀKAU PONO
DIVERSITY | KANORAU
EMPATHY | AROHA

Gateway News

We have had an exciting start to the year welcoming Debbie Heaphy, our new Gateway Coordinator to the Careers Department. Debbie is currently busy finalising our Gateway students' work placements in our region for Term 2. We have some exciting placements organised at local vet clinics, hair salons, pharmacies, hotels, restaurants, early childcare centers and farms, to name a few industries. Our 30 year 12 and 13 students are also getting prepared for their placements through the completion of a Career Pathway Planning NZQA Level 3 unit, and through the Youth Employability Programme where we are currently focusing on the essential skill of Positive Attitude and its relationship to Identity, and Employment. Students have also completed their Comprehensive Workplace First Aid Certificate and their Workplace Health and Safety Certificate. What a lot to pack into Term 1!

We are really looking forward to starting work experience next term, forging new relationships with industry and employers in our region, and fostering those we have created in previous years. Our gratitude, as always, goes out to those employers supporting our students. The programme is thriving because of you and your contributions.

Bring on Term 2!



Well-being News

Ārahi term 1

We are delighted to let you know that our wonderful Head Student Well Being leaders Caitlin Anderson and Vee Busby have been busy this term.

- A Well Being committee has been set up, they meet every week. There are 22 members across all year groups. Congratulations to all new and existing members.
- International Women's Day has been acknowledged in assembly and a quiz during ārahi completed by many
- World Sleep Day on Fri 17 March has been embraced with a fun video and quiz on sleep made by Well Being committee members, in addition to a short film shared thanks to Georgie Levien, Isla Norfield and Tiana Simpson.



International Students

The Nelson College for Girls International students represent a number of countries including Hong Kong, Korea, China, Japan, Thailand, Germany, Switzerland, France and the United States.



ARE YOU INTERESTED IN HOSTING AN INTERNATIONAL STUDENT?

Nelson College for Girls is taking expressions of interest from families who wish to host an international student. Students need to be in a safe and caring environment so that they will feel at home and be part of the family. This will help them integrate into everyday home life which is extremely important to their wellbeing. We have international students seeking both long-term and short-term placements.

Host families will be paid a remuneration for this role and receive ongoing support from the International Department throughout the duration of your student's stay. As a host you would be expected to provide the following:

- Own room with comfortable bed, desk, and chair
- Good lighting and heating available in their room
- Enough drawer/wardrobe space for belongings
- Access to clean toilet and bathroom
- Access to laundry facilities
- Three nutritious meals per day
- Access to Internet

Police vetting will be carried out for all family members over the age of 18 living in the home and we will do a home visit and meet with you before placing any students.


If you have any queries please contact Sarah Turner, International Director
Email: sarah.turner@ncg.school.nz or cell: 021 264 6691



Boarding at NCG




Affordable Excellence in Nelson
Boarding at NCG - Where Every Student Belongs



NELSON COLLEGE FOR GIRLS
Te Kura Tamawāhine o Whakatū

7 day, 5 day and short term options are available

Our boarders enjoy academic success, make lifelong friendships and build strong connections within the school and the boarding environment.



www.ncg.school.nz/boarding | boarding@ncg.school.nz | 03 548 1332



Nelson College for Girls, Boarding Hostel CJ House is a home away from home.

We pride ourselves on being one big caring family where every student belongs. It is a vibrant, homely, and stimulating environment where we welcome students from all over New Zealand and overseas. We are in regular communication with families and make them feel included in our boarding life.

Our director of boarding, Katrina Rowley was appointed in July 2021. Katrina comes from an emergency medical background and previously worked at the Student Office at Nelson College for Girls for 5 years. Since Katrina has been on board along with her wonderful, dedicated team, they have built on the solid foundations and traditions our hostel already held and have introduced some

exciting new house activities for the girls.

The hostel is safe and secure, positioned on the school grounds along with our resident hens. It is closely situated to many mountain bike tracks and great walking tracks.

Students participate in various activities ranging from rowing practice, sailing, team sports, ballet, music practice, and many more! We try and accommodate any of these interests. We love getting you off to rowing at 5:30am, and keeping your dinner hot if you have had an activity later in the evening!

If you are considering boarding as an option, get in touch and arrange a suitable time to come and meet us for a personalised tour of our hostel and school.

Visit www.ncg.school.nz

Get the School Bridge App!



NELSON COLLEGE FOR GIRLS
Te Kura Tamawāhine o Whakatū

Download Our App



- Scan the QR Code to download. Or
- Search "**schoolbridge**" on your mobile AppStore or PlayStore.



Once you have downloaded the app, you can sign in using your school account information. Please contact the school if you need help with your account details.

NCG Parents and Friends Association (PFA)

The Parents and Friends Association of Nelson Girls College is delighted to invite you to Emma Wright's Raising Body Confident Kids parent educational talk next term.

Emma Wright is an international public speaker and author, she has been featured on The Project. Her "Raising Body Confident Kids" seminar is engaging and empowering; many parents, who have heard her speak say, "Emma's talk can quite literally change your kid's life and maybe even your own."

In the age of Instagram and Tik Tok, raising kids who feel good about themselves and their bodies is a parenting minefield.

Food and bodies in our modern times shouldn't be so fraught!

But with social media, peer pressure, bullying, and influencers, helping our kids be okay with their bodies presents some of the trickiest and scariest parenting moments.

Given the rise in eating disorders in kids, and the number of people who have a difficult relationship with food and their body, Emma's parent talk is a timely community event.

Have you ever worried about:

- Encouraging your children to take care of their body and treat it with respect
- Your kid sneaking food or bingeing on sugary treats
- How to protect your child's body image from social media messages
- Eating disorder risk factors and how to avoid them
- Teaching your kid to stand up for themselves when others say hurtful things

Dealing with these issues can be especially hard if you've experienced your own struggles with food, weight and body image and you're worried about passing that on to your kids.

The good news is, there is a lot we parents can do to help our kids develop a healthy relationship with food and their bodies.

At this event you'll learn how to help your child:

- Feel more at ease around food, so they eat the same way whether you are in the room or not (no more hiding, sneaking or food battles)
- Know that who they are as a person is more important than how they look
- Be discerning about what they watch on screens or social media, and understand that the images they see often do not reflect reality
- Meet painful food or body situations with resilience and fortitude.

The event will be held on Thursday 18th May at 7pm in the Nelson College for Girls Main Hall. Tickets are priced at \$20 per person and will be on sale soon.

Nga mihi nui,

Parents and Friends Association of Nelson Girls College.



Emma Wright

**Raising
Body
Confident
Kids**

Emma Wright's Parent Seminar

Thursday 18th May 7pm

Nelson College for Girls Main Hall

Tickets \$20 (+ \$2.20 booking fee)

Tickets are on sale at: <https://emma-wright-nelson.eventbrite.com>

NCG Parents and Friends Association (PFA) Cont.



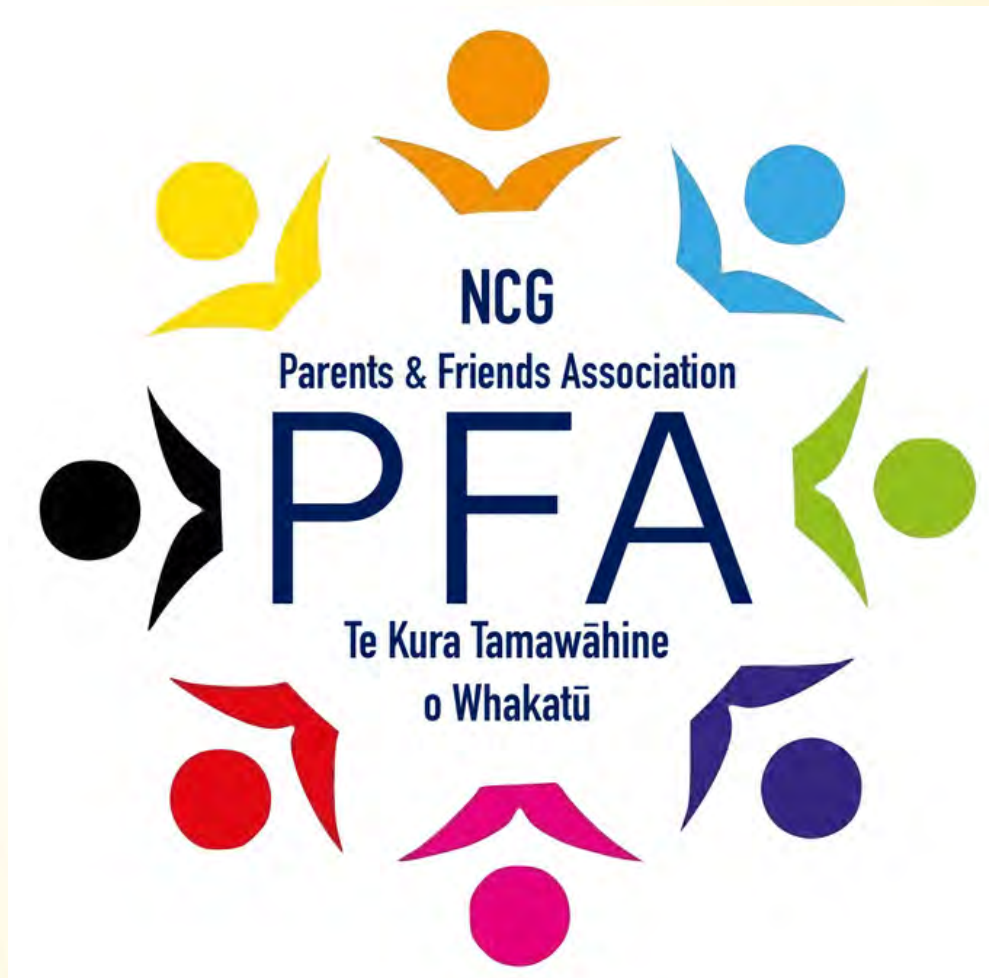
Zumba @ NCG!

Back by popular demand,

ZUMBA WITH RENATA,

Thursday lunchtimes,
coming in Term 3!

Funded by the NCG Parents &
Friends Association (PFA)



Canteen News

You will have noticed some new faces in your Tuckshop this year. We would like to introduce **Emma** – our new Team Leader and **Rachel** and **Karen** who you will see both of from time to time. We would also like to take the opportunity to say farewell to **Rebecca** who has taken great care of you all over the last 10 years. Rebecca has moved into caregiving, and we wish her well for her new career.

Please check out the specials board each day for what's on offer. We are happy to modify our offering to cater for any dietary requirements so please speak to one of the friendly staff in the canteen if you have any special requests.

Careers News

Recent visit and talk from Jesse and Logan from Trade Collective in the Careers Centre, highlighting the benefits of a career within the trade sector.



Careers Events 2023

APRIL

WEDNESDAY 5TH – Civil Construction Careers Exploration Day, All day – various locations

THURSDAY 27th – Aquaculture Careers Exploration Day, 9:30am – 2:30pm

MAY

MONDAY 1ST – University of Canterbury, 1:15pm – Careers Centre

TUESDAY 2nd – Careers Roadshow, 8:50am – 12:00pm – NCG Hall

JUNE

MONDAY 12th - “Beyond the Front Door”, 10am – 1:30pm – Braemar Campus, Nelson Hospital

WEDNESDAY 21st – Fantastic Futures, 9:30am-2:30pm – Founders Heritage Park

TERTIARY OPEN DAYS 2023

Otago University - Sunday 7 and Monday 8 May

University of Auckland - TBC

Massey University – Wellington Friday 29 August

Victoria University - Friday 25 August

University of Canterbury - Friday 8 September

Lincoln University – Friday 29 September

Careers News- Opportunities



LifeLab



scan me

LifeLab is a new interactive website showcasing career options in the Nelson Tasman region - for young people, parents and careers advisors

A place to get inspired and informed and a useful tool when considering your next steps

- events, resources, handy links, study, and training opportunities
- videos and blogs of young people – hear about how they got into their work and what it's like
- get the 'inside info' on local businesses and industry
- follow us on social media to win prizes!

 www.facebook.com/LifeLabNZ

 www.instagram.com/lifelabnz

 www.lifelabnz



Health & Safety

We are a smokefree and vapefree school. Please no smoking or vaping within school grounds.



The speed limit on the main driveway is being reset at 5kms per hour - please respect this and watch out for students crossing the driveway

We'd love visitors to reverse park outside main reception so that they have better visibility of students when leaving.



Just a reminder that for Health and Safety reasons, dogs are not allowed on the school grounds. This includes being carried or on a lead. Thank you for keeping our students safe.

If you are coming on site, please remember to sign in at the Main Reception Desk.

A hand is shown at the bottom right, holding a bright blue rectangular sign. The sign has the words "Sign in" written in white, bold, sans-serif font.

Sign in

Community notices

Hireage at Clarice Johnstone Boarding House

Did you know that we hire our boarding house out during all school holiday periods? From dorms to common areas, to dining room and laundry it can be all used during a hireages stay.

If you know of any sports teams, art or cultural groups or large gatherings like a family reunion happening in Nelson. Please contact the boarding house at boarding@ncg.school.nz and one of our lovely staff will be in touch to help plan a stay at the coolest accommodation in town.



Krankin' Kids

mountain bike coaching for youth

APRIL HOLIDAYS & TERM 2

**APRIL HOLIDAY
ONE DAY
SHRED!**

ONE FULL DAY OF MOUNTAIN BIKE COACHING ACTION!

OPEN TO RIDERS OF ALL SKILL LEVELS AGED 7-15 YEARS OLD

ONE DAY EVENT
THURSDAY 20TH APRIL
9AM-3PM
HAIRITERI MTB PARK

**SATURDAY
MINI
SHREDDERS**

6 WEEK PROGRESSIVE MOUNTAIN BIKE COACHING PROGRAMME

FOR BEGINNER RIDERS AGED 6-9 YEARS OLD

RABBIT ISLAND (TRAMWAY)
SATURDAY AFTERNOONS
1PM - 2:30PM

**TERM 2
SATURDAY
SESSIONS**

7 WEEK PROGRESSIVE MOUNTAIN BIKE COACHING PROGRAMME

OPEN TO ALL RIDERS AGED 8-15 YEARS OLD

SATURDAY MORNINGS AT SILVAN (RICHMOND)
9:30AM-11:30AM

WWW.KRANKINKIDS.CO.NZ - BOOKINGS OPEN MARCH 17TH, 7PM

Come and try out Taekwon-Do, the Korean art of self-defence and the world's most popular martial art.

Taekwon-Do is fun for all ages and incorporates patterns, sparring, breaking, flying techniques, self-defence, and a whole lot more!

Classes are affordable, fun and a great way to learn something new.

Location: Old Gym, Nelson Boys College, Franklyn Street, Nelson

Class Times (School Term Time Only):
 Kids: Tuesday 6pm-7pm
 Adults/older kids: 7pm-8:30pm Tuesday and Thursday

Contact:
itkdnelson@gmail.com

Visit:
<https://www.facebook.com/nelsonitkd>

BOOST YOUR LEARNING

PRIVATE TUITION

PRIMARY TO NCEA
Learn to LOVE Learning

WWW.BOOSTYOURLEARNING.CO.NZ

Does your child require further support, over and above what can be offered at school?

Would your child benefit from bespoke and nurturing learning sessions from a highly experienced teacher designed to accelerate learning and boost confidence? We would love to help. We are a team of dedicated teachers, specialising in English and Maths support, for primary, intermediate and college students.

Visit www.boostyourlearning.co.nz for more information or contact Jenny 021 223 3349 to book a free consultation.



SAIL ON A LEGENDARY ROUND THE WORLD MAXI YACHT

Steinlager 2 LION NEW ZEALAND

HINEMOANA

Our female-specific youth development programme is delivered over 5 days of sailing and kayaking.

Two nights sailing on the internationally renowned maxi yachts, Lion NZ or Steinlager2. Everybody on board has the opportunity to learn to sail the boats, help with the preparation of meals and sleep aboard.

Two nights are spent on the water with Auckland Sea Kayaks, where students learn how to kayak and camp in a safe, fun and supportive environment.

DUKE OF EDINBURGH (OPTIONAL)

The programme is structured in a way that allows the participants to participate and complete components of the Duke of Edinburgh Hillary Award (DOE). The programme components meet the requirements for the Adventurous Journey and as such, any participants who are interested in using this programme for DOE can do so.

For further information check out www.nzsailingtrust.com/hine-moana



Want to learn self-defence and become more confident? Do AIKIDO a Japanese Martial Art

We have children's classes from 8yrs -16yrs Wed & Fri 5pm - 6pm

Check out our Facebook page, www.aikidonelson.nz or call Callum 0210694211

Support to heal from an eating disorder



"We can be better equipped to heal or help our loved ones with more understanding."

Rebecca Toms, WithLoveED Founder

Connect with eating disorder experts

Find recommended resources

Join the WithLoveED Community Hub



BECOME A SUPPORT WORKER

Are you passionate about helping others? Have you considered a career as a Support Worker or are you already an experienced carer?

Why work for NZCommunity Living:

- Support people and make a difference in your community!
- Get paid Competitive rates between \$22.49- \$28.25 per hour
- Receive free training towards a healthcare qualification
- Balance family and work – shifts are available Monday to Sunday depending on the location
- Work for one of the largest healthcare providers with thousands of clients nationwide

Training is available! Experience in disability support is NOT necessary but would be appreciated.

Full working rights in NZ and full driver's license.

We are looking forward to hear from you soon!

For enquiries re this or to Apply, contact Tinnu - Tinnu.Singh@nzhealthgroup.com



NEXT CHAPTER PARENTING

TIPS AND STRATEGIES FOR PARENTS ON THE GO
OR THOSE WHO JUST PLAIN NEED HELP!

PARENTS!

Looking for some ideas
In your parenting?

PRESCHOOLERS

SCHOOL AGE

TEENAGERS

CHECK THIS OUT!

www.nextchapterparenting.co.nz

(Courses also offered either
individually or group)

WINZ SUBSIDISED WHERE APPLICABLE

Contact: brigid@nextchapterparenting.co.nz

Nelson Youth Theatre Company's

production of

LIONEL BART'S

Oliver!

JR.

Book, Music and Lyrics by Lionel Bart
Licensed exclusively by Music Theatre International
(Australasia). All performance materials supplied by
Hal Leonard Australia.

Theatre Royal

8th – 10th April 2pm & 6pm

www.theatreroyalnelson.co.nz

03 548 3840

WE ARE LOOKING FOR COACHES



Our Gym-For-All Programme is growing FAST and we are looking for some like-minded people to join our coaching team at Gymnastics Nelson.

If you have had experience working with children or coaching a sport & would like to get involved with coaching at Gymnastics Nelson then we would love to hear from you. Previous gymnastics experience is not essential but would be beneficial.

Contact us:

03 5482513
CENTREMANAGER@GYMNAST.CO.NZ

BRICKS INCLUDED

SOCIAL SKILLS GROUPS

BRICKS INCLUDED USES EVIDENCE BASED LEGO THERAPY TO SUPPORT CHILDREN & YOUNG PEOPLE TO DEVELOP CONFIDENCE IN MAKING MEANINGFUL FRIENDSHIPS. PARTICIPANTS ARE SUPPORTED IN COMMUNICATION, COLLABORATION & PROBLEM SOLVING SKILLS.

THE PROGRAMME OFFERS PARTICIPANTS POSITIVE SOCIAL EXPERIENCES IN AN UNDERSTANDING & ACCEPTING ENVIRONMENT, THE SESSIONS & ENVIRONMENT ARE PREDICTABLE, THE PROCESS IS STRUCTURED AND FOLLOWS A ROUTINE.

LEGO IS DYNAMIC BUT PREDICTABLE, WHICH GIVES PARTICIPANTS WHO ARE NEURODIVERGENT AN EVEN PLAYING FIELD TO TAKE PART AND ACHIEVE GOALS. GROUP MEMBERS ARE MATCHED CAREFULLY TO MEET EVERYONE'S NEEDS.

●● TABLE TENNIS NELSON

COME TRY IT OUT TODAY!

MONDAY & FRIDAY AFTER SCHOOL PLAY IS BACK!

Monday 3:30pm - 5pm is an introduction to table tennis, with coaching followed by fun games.

Friday 3:30pm to 4:30pm - warm up and coaching
4:30pm - 6pm is for more advanced juniors, two player teams made up each week with whoever turns up.

Great opportunity for all players to put some skills into play

